

SAEB News Bulletin Autumn 2023



The Safeguarding Adults Executive Board (SAEB) are responsible for overseeing and leading on the protection and promotion of an adult's right to live an independent life, in safety, free from abuse and neglect across the Bi-borough of Kensington, Chelsea & Westminster.

A warm welcome to you all

Hello everyone, my name is Mariya Stoeva and I am the Chair of the Safeguarding Adults Reference Group. Prevention and raising awareness of safeguarding has remained our priority this year. Our communities remain concerned about cybersecurity, food security, self-neglect and getting the healthcare that they need. On the SAEB website you can find helpful information, top tips and videos on all of these matters to include advice and support about the Cost of Living. In addition, the SAEB have arranged for a Self-Neglect Webinar to take place during National Safeguarding Adults week and you can find more details about this on page 3.

Have you had your say in our Survey on GP Practices in the Bi-borough?

The information collected will be used to design feedback for GPs that highlights the challenges people have faced since the pandemic and will make suggestions on how to improve primary care services for residents. The questionnaire can be completed in less than 10 minutes and it is anonymous. Link to Survey [HERE](#)

AUTUMN NEWS

SAEB 2022/2023 Annual Report

You can now view the SAEB Annual report [HERE](#)

Have you seen our recently uploaded Safeguarding resources?

We continue to work with 'Standing Together' to raise awareness of Domestic Abuse and we are very excited to share with you our raising awareness video [HERE](#) which helps people to understand what domestic abuse is, and how you can report it.

We held a webinar with the Metropolitan Police and Community Safety Partnerships this October during Hate Crime Week to raise awareness of Hate Crime, you will find the Training is now available as an E-learning resource on the SAEB website Training Opportunities page [HERE](#)

On the next few pages you will find information on our events during the Autumn and links where you can register to attend. You will also find my advice about Pressure Ulcers which I ask you to please share to help support raising awareness of this issue and to support the **STOP the PRESSURE Campaign on 16/11/23**.

If you are concerned that an adult may be at risk of abuse, harm or neglect from either themselves, an individual or an organisation, please contact one of the helplines on our website [HERE](#)

With very best wishes

Mariya Stoeva

Mariya Stoeva talks about Pressure Ulcers and why raising awareness is important on 16th November 2023.



As a disabled person I have had a long and difficult journey with Pressure ulcers which are serious and can lead to life-threatening complications. I have had 4 major surgeries in the last few years to support the reduction of serious pressure ulcers and District Nurses visit me up to 4 times a week to support me to keep them at bay! My personal message to YOU is.....
IF YOU SEE RED, PURPLE OR PINK.....PLEASE THINK!

What are Pressure ulcers? They are areas of damage to your skin and the tissue underneath. You have a higher chance of getting them if you have difficulty moving or if you are a wheelchair user like me.

How do you know if it is a pressure ulcer? Pressure ulcers usually form on bony parts of the body, such as the heels, elbows, hips and tailbone. Symptoms of a pressure ulcer include:

- discoloured patches of skin that do not change colour when pressed – the patches are usually red on white skin, or purple or blue on black or brown skin **OR** a patch of skin that feels warm, spongy or hard
- pain or itchiness in the affected area of skin - the ulcers usually develop gradually, but can sometimes appear over a few hours.

They can become a blister or open wound. If left untreated, they can get worse and eventually reach deeper layers of skin or muscle and bone. They can also be very painful, itchy and also very annoying, making it difficult to sleep.

Please ask to see your GP if you think you or someone you care for have a pressure ulcer OR Ask for an urgent GP appointment or get help from NHS 111 if you or someone you care for have symptoms of a pressure ulcer, they can appear as:

- hot, swollen or red skin – it can look blue or purple on brown or black skin
- pus coming out of the ulcer
- they can also cause a high temperature
- severe pain or pain that's getting worse



If you or someone you know needs help and support you can call 111 or [get help from 111 online](#).

Central and North West London NHS Trust have put together an excellent guide on **How to Prevent Pressure Ulcers** which you can find on the SAEB Website [HERE](#) . The next **Stop Pressure Ulcer Day is November 16th 2023**. [This 1 hour workshop](#) will help you to better understand what pressure ulcers are, why they occur, and what action should be taken to respond to concerns. It is suitable for people who care for those who are at risk of developing pressure ulcers, including health and social care professionals.

Lastly, please can I encourage you to take the time to read and share the leaflet and get together with your Teams or in our communities to watch the workshop on this date so that we can all learn about how we can STOP the PRESSURE - TOGETHER!

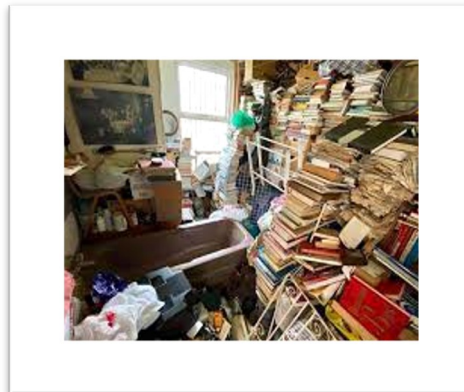
**Safeguarding
Adults Week 2023**
Monday 20 – Friday 24 November
#SafeguardingAdultsWeek

ann craft trust
www.anncrafttrust.org.uk

Self Neglect - What is it and when is it a Safeguarding?

FREE Webinar: Monday 20th November 2023 - 10:00am

Abbas loves to read books and his home is so cluttered he can barely open the front door. He's always been scared he will be trapped if there's a fire. Until recently he felt too ashamed to ask for help, but with the help of his family and friends he is now getting the support he needs.



Information from Safeguarding Adults Reviews nationally demonstrate that one of the leading causes of death is self-neglect.

When people self-neglect they often refuse help when they do it's easy to think it's their lifestyle choice and you might feel stuck frustrated and unsure what else you can do to help them.

Self-neglect is complicated and if you notice that someone is finding it difficult to manage their personal hygiene or their health or are neglect their surroundings or hoarding it could be that they are struggling with problems that are very difficult for them to talk about.

The person might benefit from safeguarding or support or a Home Fire Safety Visit. Services can help by forming a supportive network of family and professionals to help build trust and can work with the person one agreement at a time to help them receive the practical medical and emotional support they need.

YOU ARE INVITED

Please join us to learn about Self-Neglect, how you can spot the signs and to learn about when self-neglect becomes a safeguarding issue.

Date: Monday 20th November 2023

Time: 10:00am—11:00am

Link to register [HERE](#)

SAEB Learning Programme

Learning from Safeguarding Adult Reviews (SAR's)

Fatal Fires Thematic Review

Sharing learning from Safeguarding Adult Reviews is a key priority of the SAEB and ensures that lessons in relation to safeguarding adults support direct practice and encourages a culture of continuous improvement.

Over the course of 2020 the Safeguarding Adults Executive Board (SAEB) were informed of several fatal fire deaths across Kensington and Chelsea and Westminster, which led to several improvement actions being completed.

In response to two further fire death notifications in 2021, the SAEB commissioned Independent Reviewers Professors Michael Preston-Shoot and Suzy Braye to undertake a thematic review. The review focused on the cases of two men, referred to as Mr C and Mr D in the anonymised report. Mr C was an 85-year-old man who lived in an extra care housing scheme who died following a fire in his flat which was likely to have been caused by dropping a match whilst smoking. Mr D died at the age of 61 following a fire in his privately rented flat, in which the most probable cause of the fire was unsafe use or disposal of smoking materials whilst in bed. Both men had experienced a decline in their physical functioning in the recent months prior to their deaths.

The SAEB are hosting a webinar to share the learning and key findings from this review and invite you to please register to attend.

DATE: 7th December 2023

TIME: 12:00 - 13:00

Link to register [HERE](#)

You can read the full report [HERE](#). All multiagency staff and managers are encouraged to attend this event and reflect together with your teams on how the issues presented resonate within your own practice.

If you are concerned about a Fire Risk book a Home Fire Safety [CLICK HERE](#)

To watch the SAEB Home Fire Safety video [CLICK HERE](#)

To ensure that we keep up to date with all our safeguarding activities, we would love to continue to hear from you!

Please send your news, updates and comments to share in upcoming bulletins to:

makinsafeguardingpersonal@rbkc.gov.uk

The SAEB Team